

**BE AN**

**UPSTANDER**

**NOT A BYSTANDER!**



**TEEN SAFETY  
MATTERS™**

Version 1

HELP SPREAD KIND VIBES ! TAKE A TAB AND GIVE IT TO SOMEONE.

**Your voice matters**

**Thanks for being a great friend**

**Tough times don't last—tough people do**

**Don't dim your light for anyone**

**I am grateful for you**

**Never give up**

**You make a difference**

**The world is better because you're here**

**Keep going, you're doing amazing**

**Stay strong—you've got this**

**Be proud of who you are**

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Version 2

HELP SPREAD KIND VIBES ! TAKE A TAB AND GIVE IT TO SOMEONE.

**Thank you for being YOU!**

**You are an inspiration**

**We need more people like you in this world**

**You matter**

**Thank you for being a Safe Adult**

**I love your creativity**

**Thank you for being thoughtful**

**Be proud of who you are**

**You are beautiful inside and out**

**Stay strong—you've got this**

**I believe in you**